



&

SUPERKICK

present

One (1) **FREE** SPEED/AGILITY/QUICKNESS (SAQ) CLINIC
FOR ALL OYAA Registered Tackle Football Participants

OYAA, in partnership with **SUPERKICK**, is pleased to announce the opportunity for ALL registered OYAA tackle football participants to attend one (1) **FREE** customized SAQ clinic during the month of July. The goal is to help football athletes learn and improve proper running form, agility, lateral movement, quickness and acceleration.

Benefits include:

- Convenient morning and evening times to meet your busy Summer schedule.
- Separate sessions for 3rd-4th & 5th-6th Grade players.
- Simple, online registration procedures (see below).
- Program Directors include Brian Smith (SuperKick Director-Sports Performance), Butch Reynolds (Olympic Gold Medalist, World Champion Sprinter & Internationally Recognized Speed Trainer), and William White (OSU Football Great & 11 Year NFL Vet)
- Additional programming will be offered on an elective basis for teams. Your coaches will share this information once your team is formed.

To register, follow these simple steps:

- Click on the following link <https://clients.mindbodyonline.com/ASP/home.asp?studioid=6449> .
- Click on the "OYAA" tab at the top right of the page.
- Scroll for available days and times for 3rd/4th grade or 5th/6th grade options.
- Click on "Sign Up Now" button (in a session that corresponds to your age group).
- If you currently have a SuperKick client account for the registrant, enter username and password.
- If you are a new online client, create a SuperKick online account using the **ATHLETE's** name for the account.

Free offer is limited to one clinic per person, and all clinic participants will be confirmed as registered for the OYAA 2010 Fall Recreation Tackle Football Program prior to participation. If you have questions, please call 740-657-8888 and leave a message in SuperKick's general voicemail or send an e-mail to mailbox@superkickcolumbus.com. Stay tuned to www.oyaa.org or visit www.superkickcolumbus.com to learn more about all program offerings. Thanks for your support and we look forward to sharing more opportunities to improve athletic performance and increase the value delivered in OYAA Sports programs. (Rev. 7/1/10)