

SHORTSTOPS

1. Defensive set position
2. Ground ball fundamentals—forehand, backhand, charge, routine, short hops
3. Ground ball footwork for throwing
4. Double play feeds—short arm, one knee, backhanders, toss, flips
5. Double play pivots—inside, outside
6. Force play footwork
7. Tag plays
8. Pick-offs 2nd base / 3rd base
9. Cut-offs—relays and piggy
10. Pop up fundamentals-- drop steps / over the shoulder / who's in charge
11. Cover 2nd on steals
12. Cover 3rd on steals
13. Cover 3rd on bunts
14. Bunt responsibilities
15. Throws to third on force plays
16. Fake throws
17. Option defense
18. Going through the runner for a ground ball
19. Rundown responsibilities
20. Making sure the runners touch 2nd and 3rd
21. Decoys
22. Relay signs to outfield
23. Slapper defense
24. Hit and run defense
25. Calling the ball
26. Diving for the ball
27. Peel tags
28. Blocking the sun
29. Shifting on counts, outs and hitters
30. Back up responsibilities
31. 1&3 defense responsibilities